

**RS DEPRESS TRAINING. СУБК PROGRAM-LOGIC CONTROL DEVICE SELF-TEST MODE  
ACTIVATION**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40	CDR	Work prep
07:30-07:55	FE-2, FE-1	
07:40-07:55	CDR	Regeneration of БМП [Trace Contaminant Control Subassembly] Absorption Cartridge Φ2 (start)
07:55-08:10		Daily planning conference ( <i>S-band</i> )
08:10-08:30	CDR	Work prep
08:10-08:15	FE-2, FE-1	
08:20-08:30		PAO hardware setup
08:30-09:40		Emergency response training. RS Depress. <i>Tagup with specialists (S-band)</i>
09:40-11:10	FE-1	Physical exercise (CEVIS)
09:40-09:50	CDR	Private medical conference with counter-measure specialists ( <i>VHF</i> )
09:55-10:25		OIL EMULSION ( <b><i>b/c 00039919R CM1PO_2_217</i></b> ). Set up and start "Light Shaking" Experiment <i>Tagup with specialists as necessary (S-band)</i>
10:00-10:30	FE-2	
10:30-10:50		
10:30-10:50		Conference with Chancellor of Germany ( <i>S-band</i> )
10:30-10:35	CDR	
10:45-11:45		
10:50-10:55	FE-2	OIL EMULSION. Video imagery during experiment ops
10:55-11:20		Crew time for ISS adaptation and orientation
11:10-11:40	FE-1	IWIS data copy to HD card
11:20-11:25	FE-2	OIL EMULSION. Video imagery during experiment ops
11:45-12:05		RS ISS / USOS joint OBT debrief. Depress ( <i>S-band</i> )
12:05-13:05	FE-2	Physical Exercise (CEVIS)
12:10-12:20	CDR	Tagup with a specialist regarding CД1-7 light in DC1 ( <i>S-band</i> )
12:15-12:20	FE-1	Disconnecting PCS in A/L
12:20-12:50		MELFI - Laptop config on EXPRESS rack
12:20-12:50	CDR	Photography of mounting screws of CД1-7 light screen guards
12:50-13:05		IMS tagup ( <i>S-band</i> )
12:50-13:00	FE-1	CWC audit
13:00-13:10		Creating Boot Manager Uninstall Disk on the Client V13.00 Load Expedition 14 Laptop
13:10-14:10		LUNCH
14:10-14:50	CDR	Searching for Blood Pressure [YCI] biomed harness #88. <i>Tagup with specialists (as necessary) (S-band)</i>
14:10-14:40	FE-1	ORU relocation
14:10-14:30	FE-2	IMS update

14:30-14:35		OIL EMULSION. Video imagery during experiment ops
14:40-16:40	FE-2, FE-1	EMU sizing
14:50-16:20	CDR	Replacing E-K container and hose in ACY system ( <b>#502006, b/c 00038692R, ФГБ1ПГО_3_306_1, discard old E-K with a hose. Update the IMS.</b> )
16:20-17:50		Physical Exercise (TVIS) day 4
16:40-17:40	FE-1	Physical Exercise (RED)
16:40-17:05	FE-2	Crew time for ISS adaptation and orientation
17:05-17:40		Evening work prep
17:40-17:45		OIL EMULSION. Video imagery during experiment ops
17:45-19:15		Physical Exercise (VELO + Load Trainer 1) day 4
17:50-18:20	CDR	COЖ maintenance
17:50-18:05	FE-1	Questionnaire - journal entry
18:05-18:15		O2 level check
18:15-18:20		Transferring TVIS, RED, and HRM data to MEC
18:20-19:15	CDR, FE-1	Evening work prep
19:15-19:45		DINNER
19:45-20:00		Daily planning conference (S-band)
20:00-20:35	CDR	Daily Food Prep
20:00-20:30	FE-2, FE-1	
20:30-21:30		Pre-sleep
20:35-20:50	CDR	Regeneration of БМП Absorption Cartridge Ф2 (terminate)
20:50-21:30		Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR	PLANTS-2. Payload status check
		Search for Converter-Amplifiers [БПУ] Beta-8 #61 and #63

**Note.** See OSTP for references to US activities.

End of Radiogram