

MEDICAL ASSESSMENTS. ACH-M [SATELLITE NAVIGATION SYSTEM] ANTENNA FEEDER [AΦY] R&R.

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:45	CDR, FE-1	Work prep
07:30-07:45	FE-2	Renal Stone: diet log
07:45-08:00		ISS crew and FOFY (RSA Flight Control Team) weekly conference (<i>S-band</i>)
08:00-08:15	.	Daily Planning Conference (<i>S-band</i>)
08:15-08:35	FE-1	Mating Oxygen Generation System (OGS) connectors
08:20-08:50	CDR, FE-2 assists	Study of cardiac bioelectric activity at rest (To=08:28). Tagup w/specialists (VHF)
08:35-10:05	FE-1	Setting up OGS Laptop
08:50-09:05	CDR	Taking readings from AOK ΓΑΗΚ-4M gas analyzer
08:50-08:55	FE-2	OIL EMULSION. Experiment Video
08:55-09:25	FE-2	Crew time for ISS adaptation and orientation
09:10-09:30	CDR	OIL EMULSION. Experiment Strong Shaking
09:25-09:55	FE-2	
09:30-09:55	CDR	OGS Rack Door Launch Restraint Bolt Removal
09:55-10:25	FE-2, CDR assists	Study of cardiac bioelectric activity at rest (To=10:03). Tagup w/specialists (VHF)
10:05-11:15	FE-1	Oxygen Generating System (OGS) Maintenance and Checkout
10:25-10:30	FE-2	OIL EMULSION. Experiment Video
10:25-11:25	CDR	Physical Exercise (VELO + Force Loader /Cycle 1), day 1
10:30-12:30	FE-2	CARDIOCOG. Experiment ops
11:15-12:45	FE-1	Physical Exercise (CEVIS)
11:25-11:30	CDR	CARDIOCOG. Experiment photography
11:30-13:00	CDR	Physical Exercise (TVIS), day 1
12:30-14:00	FE-2	Physical Exercise (VELO + Force Loader/Cycle 1) day 1
12:45-13:45	FE-1	Physical Exercise (RED)
13:00-13:40	CDR	Testing ACH-M Antenna Feeder Unit A79. <i>Tagup with specialists (S-band) / r/g 3271</i>
13:45-13:50	FE-1	MELFI - hardware status check
13:50-14:50	CDR, FE-1	LUNCH
14:00-15:00	FE-2	LUNCH
14:50-15:00	FE-1	Space Experiment Module (SEM) OBT
14:50-17:20	CDR	ACH-M Antenna Feeder Unit A79 R&R. <i>Tagup with specialists (S-band)</i>
15:00-15:30	FE-2	Crew time for ISS adaptation and orientation
15:00-15:15	FE-1	Space Experiment Module (SEM): payload photos
15:15-15:45	FE-1	MEC Hard Drive swap

15:30-15:50	FE-2	Renal Stone: hardware setup
15:45-16:45	FE-1	New software installation on the Medical Equipment Computer (MEC)
15:50-16:10	FE-2	IMS update
16:10-16:40	FE-2	Evening work prep
16:40-17:10	FE-2	ACH-M Antenna Feeder Unit A79 R&R
16:45-17:15	FE-1	Setting up for new software installation on the Medical Equipment Computer (MEC)
17:15-17:20	FE-1	OCA SSC router reboot
17:20-17:25	FE-2	OIL EMULSION. Experiment Video
17:20-17:25	FE-1	SSC File Server reboot
17:20-18:00	CDR	Filling EDV [KOB] for Elektron
17:25-17:55	FE-2	Evening work prep
17:25-17:40	FE-1	Food frequency questionnaire
17:40-18:00	FE-1	Start BSA battery charge
17:55-18:55	FE-2	Physical Exercise (TVIS)
18:00-18:25	CDR	COX maintenance
18:00-19:00	FE-1	Evening work prep
18:25-19:00	CDR	Evening work prep
18:55-19:00	FE-2	Transfer TVIS/RED/HRM data to MEC
19:00-19:35	.	DINNER
19:35-19:50	.	Daily Planning Conference (<i>S-band</i>)
19:50-20:10	.	Daily Food Prep
20:10-20:25	.	Flight Director / ISS Crew Tagup (<i>S-band</i>)
20:25-20:50	.	Pre-sleep
20:50-21:05	.	ISS Crew / Kent Rominger tagup (Astronaut Office) (<i>S-band</i>)
21:05-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task List	CDR	Search for Converter-Amplifiers [БПУ] Beta-8 #61 and #63

Note: See OSTP for references to US activities.
End of Radiogram