

SCIENCE EXPERIMENTS. CREW OFF DUTY.

GMT	CREW	ACTIVITY
06:00-06:05	CDR	PLASMA CRYSTAL-3. Turbo-pump activation
06:00-06:10	FE-1,FE-2	Morning inspection
06:05-06:10	CDR	
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
10:30-12:00	FE-1	Physical Exercise (TVIS)
11:00-12:00	FE-2	Physical Exercise (RED)
11:20-11:40	CDR	Private Family Conference (<i>Ku + S-band</i>)
12:00-13:00	FE-1	Physical Exercise (RED)
12:00-13:30	CDR	Physical Exercise (TVIS) Day 4
13:30-14:30	.	LUNCH
15:25-15:45	FE-2	Private Family Conference (<i>Ku + S-band</i>)
15:45-17:15		Physical Exercise (TVIS + BUNGEE CORD)
16:45-17:15	CDR	COX maintenance.
17:15-18:15		Physical Exercise (VELO + Load Trainer/Cycle 1), day 4
18:00-18:15	FE-1	Evening work prep
18:15-18:30	.	Daily Planning Conference (<i>S-band</i>)
18:30-19:30	CDR,FE-2	Evening work prep
18:30-18:40	.	
18:40-18:55	FE-1	Private Family Conference (<i>Ku + S-band</i>)
18:55-19:30		Evening work prep
19:30-20:00	.	DINNER
20:00-20:30	.	Daily Food Prep
20:30-21:30	FE-1,FE-2	Pre-sleep
20:30-21:25	CDR	
21:25-21:30	PLASMA CRYSTAL-3. Turbo-pump deactivation	
21:30-06:00	.	SLEEP
Task List	CDR	PLANTS-2. Payload status check
		URAGAN. Observations and photography
		DIATOMEA. World Ocean Observations
		MATRYOSHKA-R. MOSFET-dosimeter reading
		Search for Converter-Amplifiers [БПУ] Beta-8 #61 and #63
		Report to MCC Part Numbers of four Rotational Hand Controllers [PYO] and two Translational Hand Controller [PYД] (ФГБ1ПГО_4_422_1)

Note: See OSTP for references to US activities.

End of Radiogram