

FGB OCP-4 FIRE EXTINGUISHER REPLACEMENTS. PLASMA CRYSTAL

GMT	CREW	ACTIVITY
06:00-06:10	FE-1, FE-2	Morning inspection
06:00-06:05	CDR	PLASMA CRYSTAL. Turbo-pump activation
06:05-06:10	CDR	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00	CDR, FE-2	Work prep
07:30-07:45	FE-1	Work prep
07:45-08:00	FE-1	DAFT – Equipment search
08:00-08:15		Daily Planning Conference (<i>S-band</i>)
08:15-10:15		STS timeline review
10:15-11:45	CDR	Physical Exercise (TVIS) day 2
10:15-10:45	FE-1	Crew Medical Officer (CMO) proficiency training
10:15-10:30	FE-2	Set up video equipment to record RED exercise
10:30-12:00	FE-2	Physical Exercise (RED)
10:45-12:15	FE-1	Physical Exercise (CEVIS)
11:45-12:15	CDR	Crew Medical Officer (CMO) proficiency training
12:00-12:15	FE-2	Stow video equipment used to record the RED exercise
12:15-12:35		Expeditions 13 and 14 crew conference (<i>Ku + S-band</i>)
12:35-12:40	FE-2	On MCC Go ISS O2 repress from Progress 356 CpПК (start)
12:40-13:40		LUNCH
13:40-14:20	CDR	TV (ISS-MCC) PLASMA CRYSTAL. Experiment ops (start). <i>Tagup with specialists (VHF +S-band)</i>
13:40-13:45	FE-2	ISS O2 repress from Progress 356 CpПК (terminate)
13:40-14:00	FE-1	IMS update
13:45-14:15	FE-2	COЖ maintenance
14:00-14:15	FE-1	Private Medical Conference (<i>Ku + S-band</i>)
14:15-14:40	FE-1, FE-2	Program science lead / crew conference (<i>S-band</i>)
14:20-15:30	CDR	PLASMA CRYSTAL. Manual experiment ops. <i>Tagup with specialists (VHF +S-band)</i>
14:40-15:40	FE-1	DOUG Software Review
14:40-16:10	FE-2	Replace three OCP-4 Fire Extinguishers in FGB. Install No. 105004-7 (b/c 00037947R, TГK357_pl. 2, ГpO zone 4), No. 105004-8 (b/c 00037948R, TГK357_pl. 3, ГpO zone 2), No. 105004-9 (b/c 00037949R, TГK357_pl. 1, ГpO zone 4). Stow removed OCP-4 for disposal. Report stowage location to MCC
15:30-15:40	CDR	PLASMA CRYSTAL. Experiment termination. <i>Tagup with specialists (VHF + S-band)</i>
15:40-16:15	CDR	PLASMA CRYSTAL. Copy and downlink data from the hard drive. <i>Tagup with specialists (VHF +S-band)</i>
15:40-16:10	FE-1	Psychological evaluation program (WinSCAT)

16:10-16:20	FE-1	METOX Test
16:15-17:15	FE-2	Physical Exercise (TVIS)
16:15-16:30	CDR	PLASMA CRYSTAL. Hardware deactivation
16:20-17:20	FE-1	Physical Exercise (RED)
16:30-16:45	CDR	Private Medical Conference (<i>S-band</i>)
16:45-17:05	CDR	Evening work prep
17:05-18:05	CDR	Physical Exercise (VELO + Force Loader-1) day 2
17:15-17:30	FE-2	Private Medical Conference (<i>S-band</i>)
17:20-17:25	FE-1	Closing Node Hatch
17:25-18:05	FE-1	Evening work prep
17:30-18:05	FE-2	Evening work prep
18:05-18:20	.	Daily Planning Conference (<i>S-band</i>)
18:20-18:25	FE-1	Transferring TVIS, RED, and HRM data to MEC
18:25-18:30	FE-1	Connect RWS power cable
18:30-19:15		ISS13 / STS115 Crew Conference (<i>S-band</i>)
19:15-19:30	CDR	Evening work prep БСПН Synchronization
	FE-1,FE-2	Evening work prep
19:30-20:00		DINNER
20:00-20:30		Daily Food Prep
20:30-21:30	FE-1,FE-2	Pre-sleep
20:30-21:25	CDR	Pre-sleep
21:25-21:30	CDR	PLASMA CRYSTAL. Turbo-pump deactivation
21:30-06:00		SLEEP
Task List	CDR	PLANTS-2. Payload status check
		PLANTS-2. Recharging water tank

Note: 1. See OSTP for references to US activities.

2. **06:55-07:15 No S-band commanding or voice comm. capability**

End of Radiogram