

**INSTALLATION OF VIBRATION ISOLATOR AND DAMPER ON BTK1, BP, BT2. ROKVISS
EXPERIMENT. PLASMA CRYSTALL**

GMT	CREW	ACTIVITY
06:00-06:05	FE-2	PLASMA CRYSTAL. Turbo-pump activation
06:00-06:10	CDR, FE-1	Morning inspection
06:05-06:10	FE-2	
06:10-06:40	FE-1, FE-2	Post-sleep
06:10-06:30	CDR	IMMUNO. First stress test, questionnaire data entry, and saliva sampling
06:30-07:00	CDR	Post-sleep
06:40-07:30	FE-1, FE-2	BREAKFAST
07:00-07:50	CDR	
07:30-07:45	FE-1	Work prep
07:30-08:00	FE-2	
07:45-08:00	FE-1	SW loading for DAFT
07:50-08:00	CDR	Work prep
08:00-08:15		Daily Planning Conference (<i>S-band</i>)
08:15-08:35	CDR	Work prep
08:15-09:15	FE-2	Fastener installation in modular cultivation system (P 4)
08:15-08:30	FE-1	Video set up for DAFT
08:30-08:50		Video of set up for DAFT
08:35-09:10	CDR	SOUND LEVEL METER. Hardware unstow and sound level measurement. <i>Tagup (S-band)</i>
08:50-09:10	FE-1	Anomalous long-term effects on astronauts, troubleshooting
09:10-09:20		Anomalous long-term effects on astronauts, dosimeter activation
09:10-09:25	CDR	Taking readings from AOK ГАНК-4М gas analyzer
09:25-09:45		Purging ИК0501 Gas Analyzer from Gas analyzer calibration assembly [БКГА]
09:30-10:25	FE-2	FGB fans ЛБ1 and ЛБ2 grille cleaning
09:40-10:05	FE-1	Video set up for DAFT
10:00-11:00	CDR	SSC3 laptop installation and activation in the port crew cabin
10:05-10:25	FE-1	Video of sample removal for DAFT
10:30-10:50		Video set up for DAFT
10:50-11:10		Video of sample removal for DAFT
10:50-11:00	FE-2	PAO hardware setup
11:00-12:30		Physical Exercise (RED)
	CDR	Physical Fitness Evaluation (on treadmill)
11:10-11:25	FE-1	RS noise level data recording to MEC.
11:25-12:55		Physical Exercise (CEVIS)
12:30-12:40	CDR	Sound meter closeout ops. <i>Tagup (S-band)</i>
12:30-12:50	FE-2	PLASMA CRYSTAL. Experiment setup. <i>Tagup (S-band)</i>
12:40-13:30	CDR	PILLE dosimeter reading
12:50-13:30	FE-2	PLASMA CRYSTAL. Experiment ops (start). <i>Tagup (Ku + S-band +VHF)</i>

12:55-13:05	FE-1	Crew prep for PAO
13:05-13:25		PAO. Boys and Girls at Middle Tennessee Nashville (<i>Ku + S-band</i>)
13:30-14:30		LUNCH
14:30-17:00	CDR	Installation of vibration isolator and damper on BTK1, BP, BT2: Tagup (S-band)
14:30-15:00	FE-2	COЖ Maintenance
14:35-14:45	FE-1	CWC audit
14:45-14:50		Disconnect Display and Control Panel (DCP) power cable
14:50-15:00		EarthKAM - lens swapout
15:00-15:15		DAFT, data downlink
15:00-15:10	FE-2	PLASMA CRYSTAL. Experiment ops (termination). <i>Tagup (S-band)</i>
15:10-15:45		PLASMA CRYSTAL. Clearing vacuum chamber. <i>Tagup (S-band)</i>
15:15-15:20	FE-1	IWIS checkout in NODE 1
15:25-16:55		Replacement of hoses Кл-K26, Кл1-A3, Кл3-A3 in CPBK-2M. <i>Tagup (S-band)</i>
15:45-16:00	FE-2	PLASMA CRYSTAL. Hardware deactivation.
16:00-16:10		Terminate EMU Metox Regeneration
16:10-17:10		Physical Exercise (VELO + LT-1) day 4
16:55-17:10	FE-1	Questionnaire - journal entry
17:00-17:25	CDR	Evening work prep. БСПН Synchronization
17:10-17:25	FE-1	DAFT, hardware stowage
17:25-18:25		Physical Exercise (RED)
	CDR	Physical Exercise (VELO + Load Trainer 1), day 4
17:25-17:40	FE-2	CWC condensate processing using Condensate Feed Unit [БПК] - terminate
17:40-18:00		IMS update
18:00-18:15		RPM maneuver training conference (<i>S-band</i>)
18:20-18:25		Transferring TVIS, RED, and HRM data to MEC
18:25-18:45	CDR	IMMUNO. First stress test, questionnaire data entry, and saliva sampling
	FE-1, FE-2	Evening work prep
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30	CDR	TV PAO. 1. Greetings for RSC Energia's 60th Anniversary 2. Greetings to N. Rhine-Westphalia (To=19:05, T1, T2, T3 activation from СПП)
19:00-19:15	FE-1, FE-2	Evening work prep
19:15-19:30		TV PAO. 1. Greetings for RSC Energia's 60th Anniversary 2. Greetings to N. Rhine-Westphalia
19:30-20:00	.	DINNER
20:00-20:30		Daily Food Prep
20:30-21:25	FE-2	Pre-sleep
20:30-21:30	CDR, FE-1	
21:25-21:30	FE-2	PLASMA CRYSTAL. Turbo-pump deactivation
21:30-06:00	.	SLEEP
Task List	CDR	PLANTS-2. Payload status check
		PLANTS-2. Recharging water tank

Note: See OSTP for references to US activities. End of Radiogram