

CREW OFF-DUTY. PLASMA CRYSTAL

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1	Morning inspection
06:00-06:05	FE-2	PLASMA CRYSTAL-3. Turbo-pump activation
06:05-06:10	FE-2	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	CDR	Weekly Housekeeping Preventive maintenance of ventilation assets
	FE-1, FE-2	Weekly Housekeeping
10:30-11:00	CDR	Adjustment of O2 and CO2 measurement channels on Russian Gas Analyzer IK0501. <i>Tagup with specialists (S-band)</i>
10:30-11:15	FE-1	Microbiological Monitoring T+5
10:30-12:00	FE-2	Physical Exercise (RED)
11:10-12:40	CDR	Physical Exercise (TVIS) day 2
12:10-12:40	FE-1	SPHERES. Hardware setup
12:40-13:10		Weekly planning conference (<i>S-band</i>)
13:10-14:10	FE-1	SPHERES test
13:30-14:10	FE-2	TV (ISS-MCC) PLASMA CRYSTAL Experiment ops (start). <i>Tagup (VHF + S-band)</i>
14:10-15:10		LUNCH
15:10-16:40	FE-1	SPHERES test
15:20-15:40	FE-2	PLASMA CRYSTAL. Experiment termination and hardware deactivation. <i>Tagup (VHF + S-band)</i>
15:40-16:15	FE-2	PLASMA CRYSTAL-3. Copy data from the hard drive and downlink via OCA. <i>Tagup (S-band)</i>
16:15-16:25	FE-2	PLASMA CRYSTAL-3. Software installation. <i>Tagup (S-band)</i>
16:25-16:55	FE-2	PLASMA CRYSTAL-3. Hardware removal. <i>Tagup (S-band)</i>
16:40-18:10	FE-1	Physical Exercise (TVIS)
16:55-17:10	FE-2	TV (ISS-MCC) PLASMA CRYSTAL-3. TV downlink
17:10-17:15	FE-2	PLASMA CRYSTAL-3. Hardware deactivation
18:10-19:10	FE-1	Physical Exercise (RED)
18:10-19:10	CDR	Physical Exercise (VELO + Force Loader-1) day 2
18:30-19:30	FE-2	Physical Exercise (TVIS)
19:10-19:15	FE-1	Transferring TVIS, RED, and HRM data to MEC
19:15-19:30	FE-1	Questionnaire - journal entry
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	STATOKONIA. APT temperature check

		PLANTS-2. Payload status check
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Note: See OSTP for references to US activities.

End of Radiogram