

STOWING HARDWARE FOR DISPOSAL IN PROGRESS 356

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:05-08:20		Daily Planning Conference (<i>S-band</i>)
08:20-09:55	FE-2	Loading hardware on Progress 356 for disposal and IMS update
08:20-10:20	CDR	Audit of Russian hardware on ISS RS
08:35-08:40	FE-1	ALTEA - CNSM data transfer check
08:40-08:50		ALTEA - dosimeter activation
08:50-09:05		US equipment pre-pack and stowage for disposal in Progress 356
09:05-09:35		DST air sampling
09:35-09:55		Grab Sample Container (GSC) ops
09:55-11:25		Physical Exercise (TVIS)
09:55-11:25	FE-2	Physical Exercise (RED)
10:20-11:20	CDR	Removal of mounting screws from DC-1 light guards. <i>Tagup with specialists (S-band)</i>
11:20-12:50		Physical Exercise (TVIS), Day 4
11:25-12:25	FE-1	Physical Exercise (RED)
11:25-11:40	FE-2	P/L familiarization for seal replacement
11:40-12:40		Glove Box (MSG)
12:25-12:55	FE-1	IMV flow measurement
12:40-13:05	FE-2	TV (ISS-MCC) LDM PAO (To= ,To=12:40, T2 ,T3 - from СПП)
13:05-13:10		On MCC Go ISS O2 repress from Progress 356 CpПК (start)
13:10-14:10	.	LUNCH
14:10-14:55	FE-1	ACS - LAB window inspection
14:10-16:25	CDR	Loading hardware on Progress 356 for disposal and IMS update
14:10-14:15	FE-2	ISS O2 repress from Progress 356 CpПК (terminate)
14:30-14:45		Private medical conference (<i>S-band</i>)
14:45-16:00		Loading hardware on Progress 356 for disposal and IMS update
16:00-17:15		Ventilation grille cleaning on FGB interior panels
16:10-16:25	FE-1	Private Medical Conference (<i>Ku + S-band</i>)
16:25-17:25	CDR	Physical Exercise (TVIS), Day 4
17:25-18:25	FE-2	Physical Exercise (TVIS) day 2
17:25-18:10	CDR	Air sampling using ИПД sampler in SM and AK-1M sampler in SM and FGB
17:30-18:00	FE-1	COЖ Maintenance
18:00-18:20		IMS update
18:10-18:20	CDR	Evening work prep
18:20-18:35		Private medical conference (<i>S-band</i>)

18:20-18:25	FE-1	Transferring TVIS, RED, and HRM data to MEC
18:25-18:35	FE-1,FE-2	Evening work prep
18:35-18:50		Daily Planning Conference (<i>S-band</i>)
18:50-19:30		Evening work prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	CDR	PLANTS-2. Payload status check
		PAYLOAD SERVER (БСПН). Synchronization

Note: See OSTP for references to US activities.

End of Radiogram