

Radiogram No. 3861u
Medical Experiments

Form 24 for 10/04/06

GMT	CREW	ACTIVITY
06:00-06:15	CDR	Morning inspection
06:00-06:10	FE-1, FE-2	
06:10-06:25	FE-2	Post-sleep
06:10-06:20	FE-1	MO-8. Configuration set-up
06:15-06:25	CDR	Calf volume measurement (<i>Use kit ИЗОГ No. 79, b/c 00039804R, CM1PO_2_MedCabinet cont. 3</i>)
06:20-06:45	FE-1	Post-sleep
06:25-06:35	FE-2	Calf volume measurement
06:25-06:40	CDR	Body mass measurement
06:40-06:55	FE-2	
06:40-07:05	CDR	Post-sleep
06:45-06:55	FE-1	Calf volume measurement (<i>Use kit ИЗОГ No. 79, b/c 00039804R, CM1PO_2_MedCabinet cont. 3</i>)
06:55-07:10	FE-2	Post-sleep
06:55-07:10	FE-1	Body mass measurement
07:05-07:55	CDR	BREAKFAST
07:10-08:00	FE-2	BREAKFAST
07:10-07:20	FE-1	MO-8. Close-out ops
07:20-08:15	FE-1	BREAKFAST
07:55-08:25	CDR	Work prep
08:00-08:25	FE-2	Work prep
08:15-08:25	FE-1	Regeneration of Micropurification unit (БМП) Φ1 cartridge (begin)
08:25-08:40		Daily Planning Conference (<i>S-band</i>)
08:40-10:40	FE-2	Progress 357 unloading and IMS updates
08:40-09:10	FE-1	Work prep
08:40-08:55	CDR	Nutrition: urine collection
08:55-09:00	CDR	Renal Stone: urine collection
09:00-09:15	CDR	Nutrition: urine sample insertion in MELFI freezer
09:10-10:10	FE-1	Connectivity check-out of electric circuits controlling Electron valves КЭ1, 2, 3
09:15-09:30	CDR	Renal Stone: diet log
09:40-09:55	CDR	Set up video equipment to record exercise on TVIS
09:55-10:55	CDR	ISS Crew Adaptation
10:10-11:10	FE-1	Continuity check of Elektron Oxygen Generation Unit [CKO] electrical valve power circuit
10:40-12:10	FE-2	ETD. Experiment ops
10:55-11:25	CDR	COЖ maintenance. ИП-1 position verification
11:10-12:10	FE-1	Removal of two SFOGs (6477). Setting up new SFOG (1 item) Burning SFOG cartridge
11:25-12:25	CDR	Physical Exercise (RED)
12:10-13:10	FE-2	Physical Exercise (TVIS) day 3

12:10-13:10	FE-1	Physical Exercise (VELO + LT-1) day 4
12:25-12:40	CDR	Nutrition: urine collection
12:40-12:45	CDR	Renal Stone: urine collection
12:45-13:00	CDR	Nutrition: urine sample insertion in MELFI freezer
13:00-13:10	CDR	PAO hardware setup
13:10-13:20		Crew prep for PAO
13:20-13:40		PAO Event (<i>Ku + S-band</i>)
13:40-14:40		LUNCH
14:40-15:40	FE-1	ISS Crew Adaptation
14:40-14:55	CDR	Nutrition: urine collection
14:40-15:00	FE-2	LAZIO. Card changeout and data dump via OCA. <i>Tagup with specialists</i>
14:55-15:00	CDR	Renal Stone: urine collection
15:00-15:15	CDR	Nutrition: urine sample insertion in MELFI freezer
15:00-15:45	FE-2	Progress 357 unloading and IMS updates
15:15-15:45	CDR	TVIS Monthly Maintenance
15:45-16:25	FE-1	SKIN. Photography during measurements
15:45-16:40	FE-2	SKIN. Set up and measurement
15:45-17:15	CDR	Physical Exercise (TVIS)
16:40-18:10	FE-2	Physical Exercise (CEVIS)
16:50-18:20	FE-1	Physical Exercise (TVIS) day 4
17:15-17:20	CDR	TVIS Weekly Maintenance
17:20-17:35	CDR	Stow video equipment used to record exercise on TVIS
17:35-17:50	CDR	Nutrition: urine collection
17:50-17:55	CDR	Renal Stone: urine collection
17:55-18:10	CDR	Nutrition: urine sample insertion in MELFI freezer
18:10-18:20	CDR	Nutrition: hardware assembly
18:10-18:15	FE-2	On MCC Go ISS O2 repress from Progress CpПК (start)
18:15-18:35	FE-2	IMS Update
18:20-18:25	CDR	Transfer TVIS, RED, HRM, and CEVIS data to MEC
18:20-19:20	FE-1	Evening work prep
18:25-19:20	CDR	Evening work prep
18:35-19:15	FE-2	Evening work prep
19:15-19:20	FE-2	ISS O2 repress from Progress CpПК (terminate)
19:20-19:35		Daily Planning Conference (<i>S-band</i>)
19:35-20:05		DINNER
20:05-20:35	FE-2	Daily Food Prep
	CDR, FE-1	Daily Food Prep
20:35-21:30	CDR, FE-2	Pre-sleep
20:35-21:10	FE-1	Pre-sleep
21:10-21:20	FE-1	Regeneration of Micropurification unit (БМП) Φ1 cartridge (terminate)
21:20-21:30	FE-1	Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of Radiogram