

Dynamic test of Progress 358 ДПО thrusters

GMT	CREW	ACTIVITY
06:00-06:10	FE-1, FE-2	Morning inspection
06:00-06:05	CDR	SLEEP – data logging
06:05-06:40	CDR	Post-sleep
06:10-06:35	FE-2	
06:10-06:40	FE-1	
06:35-06:40	FE-2	SKIN. Cream application to hand
06:40-07:30	.	BREAKFAST
10:30-12:00	FE-1	Physical Exercise (TVIS), day 1
11:30-13:00	CDR	Physical Exercise (CEVIS)
12:00-13:00	FE-2	Physical Exercise (TVIS), day 4
13:00-14:00	.	LUNCH
14:50-15:10	FE-2	Private family conference
16:30-16:45		IMMUNO. Set up Saliva-Immuno kit for experiment
16:30-17:30	CDR	Physical Exercise (RED)
16:45-18:15	FE-2	Physical Exercise (CEVIS)
16:45-17:15	FE-1	COЖ. maintenance
17:15-18:15		Physical Exercise (VELO + Force Loader 1), day 1
17:55-18:05	CDR	Private psychological conference
18:15-18:35	.	Evening work prep
18:35-18:50	.	Daily planning conference
18:50-19:30	.	Evening work prep
19:30-19:35	CDR	Daily food prep
19:30-20:00	FE-1, FE-2	
19:35-19:50	CDR	Private family conference
19:50-20:00		Daily food prep
20:00-20:30	.	DINNER
20:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP
Task list	FE-1	MATRYOSHKA. Checking sensor data on the reader

Note: See OSTP for references to US activities

End of radiogram